# THE BOOKMARK MEDLEY VOLUME 4

# Part I

NORMAL CLASS NOTES — Prepared and Used by Edward A. Kimball to Teach the Normal Class Taught in the Board of Education of Mary Baker Eddy's Massachusetts Metaphysical College

# Part II

HANDLING THE PHASES OF ANIMAL MAGNETISM Professor Hermann S. Herring

# **PART I**

# **NORMAL CLASS NOTES**

Prepared and Used by Edward A. Kimball
to Teach the Normal Class
Taught in the Board of Education
of Mary Baker Eddy's
Massachusetts Metaphysical College

[These *Notes* are structured to follow the outline of Class Instruction that Mrs. Eddy herself often used. They were intended to teach Christian Scientists how to become teachers, hold classes, instruct others in how to heal, and prepare them to take up the healing work and go into the practice. The *Notes* begin with the synonyms and the affirmation part of treatment and then tell how to use this powerful form of prayer in praying for healing. The *Notes* explain why we need to deny the seeming laws of evil and matter and how to do so. They also explain the need to handle any negative thoughts resting on a patient, and how necessary it is to recognize all forms of occultism and malpractice. They are very helpful in understanding how to pray for others or for one's self. For anyone relying on Christian Science for healing, these *Notes* will be extremely helpful in doing successful healing work.]

# *Revelation:* What is Revelation?

To present revelation forcefully to the student's thought, it must be shown to be the appearing to the human understanding of the things that already are. Christian Science has created nothing new, it has established no new law, neither has it departed from the law of God as illustrated in the words and works of Jesus.

# Where is Revelation Operative?

Revelation is operative in consciousness, in thought only. Man can be conscious of nothing except the activities of thought. Then, revelation is the appearing of the law of God, and this appearing is in the human consciousness. The laws of God are laws of Mind, or mental activity.

To be the law of God, the mental activity must of necessity be absolutely good, or based on absolute good as the Principle of all true lawful mental activity.

Christian Science, therefore, thinks and acts from the standpoint of absolute good, absolute right, absolute justice, absolute patience, and absolute unselfishness. Such mental activity uncovers, reveals, exposes the nature and action of evil, which discovery enables the student to discern between the things that are and the errors of thought which are constantly putting themselves in the place of things that are. Consciousness is what it is conscious of — the things that are.

The student's thought, awakened to the revelation of the nature, potency and omnipresence of God, begins at once to weigh thoughts, to analyze the thoughts that control him, and, as the analysis continues, the facts of being begin to dawn in consciousness. The student applies what he perceives, and gets a result. The result marks the birth-hour of faith and, as he turns his thought to the application of the facts of being, the proofs of an absolute mental law that is always present and always operative, accumulate until faith enlarges the mental scope and becomes understanding, conviction.

The condition of consciousness that was enabled to perceive such revelation of the things that be, of necessity, is a unit with the revelation. Therefore, the revelation and consciousness to which the revelation is revealed, or the revelator, are one.

This is a practical, common-sense statement of logic, and, therefore, admits of no sentimental gush or foolish enthusiasm about the personality of the one whose consciousness became pure enough to perceive, or discern, the presence of good, the presence of an unfailing, ever-operative law, so true that, if understood, it will help us in unwinding the tangled net of theories in which mortals become ensuared.

Christian Science did not come to the world through personality. It could come to the world in no other way than the consciousness of that which is.

Mrs. Eddy is a consciousness which has rid itself of much materiality. Deep study, experimental research, had cleared the thought of much of the theory that blinds mortals, and so that state of consciousness became free and pure enough to be a clear transmitter for Truth — the Truth that is ever-operative as never failing law that governs the universe and man.

Was it consciousness or personality that discerned the facts of being? *Consciousness*. And for this very reason, Mrs. Eddy admonishes students to refrain from worshiping the personality. You may, and legitimately can, love her in the sense that you would love a benefactor; but do not worship, nor gush, nor grow sentimental over the personality. There is a dignified middle ground to be taken in this relation. Love the personality as a friend and benefactor; and as you thus love, see that that is the condition of consciousness that has so unfolded under the influence of right thinking that it is able to express itself to mortals.

It is consciousness that teaches. It is consciousness that sees and embraces the whole of God's law. Such consciousness partakes of the nature and operation of good, and is, therefore, the Christ, or condition of mind lived by Jesus, whom we name Christ.

Elevate your own thought on this point. Show your student that he will progress faster by getting away from any sense of yourself as a personal teacher.

Great care must be used in selecting students. One suffering from chronic or severe sickness should not be admitted to class as a student. Heal him first, else you will have a weakling for a student, or one who will expect constant work on his case from his teacher.

# THE SCIENCE OF BEING

What is God? What is Principle?

What is Intelligence?

What is Truth?

Show the material senses to be falsities. They are nothing because not the true senses of man. The senses of man being spiritual, the physical senses cannot hear, see, taste, nor touch (perceive) God. The fact that God is Spirit and can be seen (perceived) by man, proves man's senses to be spiritual. Therefore, we must change our point of view; reverse our reasoning. The whole trouble lies in entertaining a perverted sense of God. The right sense begins by amplifying infinite Mind, that which is, that which is eternal, which is all-inclusive — Mind, the one Mind.

Consciousness is, and it is conscious of the things that are — supreme, incorporeal being, all-powerful, all-inclusive, ever-operative law, and is God manifesting as man and the universe.

Define Principle. It is origin, operative cause, source, etc. Show the connection between Principle and intelligence. Principle being operative cause, this operation of necessity includes one law; law is the result of the activity of intelligence, or is included in intelligence. Next show intelligence and Truth to be so clearly synonymous that they cannot be separated. They cannot be

defined separately. They are, and express, the actual spiritual law. We see that God is Principle because He is operative cause and includes all law.

#### Personal God

You may say that you believe that God is not personal, but if you believe He knows death or perceives evil, you are making Him personal in every sense.

# The Peace of Christian Science

Think of the unanimity of thought regarding two plus two equals four. The world believes it and accepts it. It is sufficient to supply each of you, all of us, with the idea. There are no wars over it, no strife, no disputes — all is peace and tranquility regarding it. It is not disturbed, neither does it fear it ever will be or ever can be changed or perverted. *It is.* This is simply a forerunner of the full acceptance of the Science of being and its absoluteness. Because we find God impersonal, we need never feel alone. He is the impersonal Truth with us — God with us in idea and so as recognition. We can feel that to all intents and purposes being-with-us is the mental activity that destroys evil. Then, God-with-us destroys evil as effectually as though He knew it.

# Oneness of Mind

Mind is the cause, Life, continuity of man. Therefore, what man has that fails him and finally dies is not his mind — intelligence or Life — but human theory and conjecture; a finite sense of cause, intelligence, purpose and operation, with no analogy whatever to law, order or wisdom. Show further that man is giving up nothing when he relinquishes his belief in minds many — human knowledge — but, on the contrary, is gaining a broader outlook upon the world, a firmer grasp upon the eternal possibilities of an operative law-giving and law-enforcing intelligence.

# God is Love, Mind, Spirit, Life

Show Mind to be God, omnipotence, omnipresence, the sole cause, Principle, or origin, of the universe and man. Love is, therefore, used for a synonym for God, Mind, intelligence, the sole cause, the only creator, the sole government, and not a separate existence. Spirit as synonym cannot be separated from Love. It is consciousness because intelligence, Mind, becomes conscious intelligence, God — for God is all-inclusive Mind. Therefore God, expressing Himself as consciousness or Mind, is man. Man is the expression, the evidence of Spirit, consciousness, Mind. Hence, Spirit expresses itself as man in conscious living and thinking. Right thinking is living and is Spirit — consciousness — Mind expressing itself.

What is it to be spiritually-minded? To be faithful to Principle, to right, to Truth, is spiritual-mindedness.

The letter of Christian Science is the correct statement. Without the correct statement, one does not know to what end he may work.

The Spirit means the ever-consciousness of Love, Life, Mind, Principle, Spirit. The only consciousness is ever active. This activity is expressed in living. Hence Life is God; living is God expressing Himself. Right thinking is Life. To be spiritually-minded is to be actuated by right motives, such as promptness, wisdom, justice, mercy, goodness.

# *Insomnia* — *Illustrating Treatment*

Perfect consciousness does not need sleep. Substance needs no sleep. There is no substance in such a belief; no cause. It cannot be used by animal magnetism as a law. There is no such law to influence man. Man is not constitutionally liable to any such law. There is no mortal mind to frame any such law. God's law alone controls man's consciousness.

A clear knowledge of these facts breaks down the fear occasioned by loss of sleep, and the desired action takes place.

Omnipresence defines the ever-presence of consciousness. Because Mind and all its ideas include all there can be, there is no other condition of thought to have or to find presence in infinite Mind, infinite good.

# Space

In infinite Mind there can be no space, because Mind is or fills all presence. The term *space* implies limitation or boundary. It finds its origin in a mortal sense of measurement. To mortals, the distances intervening between objects, persons, places and things is called space. In infinite Mind there is no such sense of location and boundary. Therefore, to boundless Mind, there is no sense of limitation, but one of all-encompassing boundlessness.

Does God fill the space occupied by a *cancer*? The mentality expressing itself as cancer is not present. Cancer has no presence, no space, and no time, in which to express itself. There is no mortal mind to be present, no matter to manifest it, and no manifestation, no cancer.

*Time* is to be analyzed on the same premise as space. Time is a human sense of measuring eternity. Eternity is boundless, measureless. Eternity is omnipresent. Is two plus two equals four omnipresent? Does it not continue to be omnipresent, wherever it is, wherever you are, everywhere?

What is Omnipotence? Action? Law? Universe?

Omnipotence, omnipresence, omniscience, omni-action Mind, Life, Truth, God, are a unit. God embraces, and is, all-power, all-action, all-science or knowing, all-presence, the only presence, and is also Life, Love and Truth.

Omnipotence is omnipresence and action, because of God, Mind, and intelligence. Good is omnipotent. Truth is omnipotent. Evil and error are excluded and impossible as Mind, presence or Truth.

Omnipotence is Principle, because Principle is operative cause and must embrace intelligence, Mind. Then Principle is omnipotent.

What is the government by Principle? It is the action of law. Mind as active, infinite intelligence is of necessity law, for all orderly, continuous activity is law. The active energy emanating from Mind is law, and it is eternally established — the directed energy of infinite Mind.

Illustration: A case of *abnormal growth* comes for destruction.

I am ignorant of the mortal mind method of disposing of such growths. To dispose of it scientifically, I take the stand that it has no presence. Matter is not substance. Such reasoning is omnipotent, and is presence, and breaks down the claim of law that matter is substance, and the growth disappears.

What heals or destroys the abnormality? The government of Principle. Principle is omnipotent knowing. Every treatment should know enough to know itself omnipotent — to know there is nothing to reverse it, to hinder its knowing or unfolding, or to cause evil or relapse. Every treatment is with power, for the Word is with God and the Word is God, and it must know this, else it is not a treatment. Destroy the claim of cause-in-matter, and abolish the law that says there can be a law other than the law of God, the government of and by Principle.

# There are three things to meet in every case.

- 1. A belief in substance (substance can't be sick).
- 2. A belief in cause.
- 3. A belief in law.

Every treatment must know that the government of Principle is the activity of operative cause. It is the energy emanating from the right thought.

The universe is spiritual because all cause is Spirit, Mind. The flower, bird, landscape, rock, house, stomach, eye, hand, arm, leg, head, all are spiritual. Mortals, placing substance, cause, law as matter and material, of necessity view things from a material point of view. And this is all that ever makes them seem sick and dying. When mortals change their viewpoint, we will have flowers that cannot fade, birds, animals, men that cannot sicken and die, and stomachs that cannot be disturbed, legs that cannot be lame, eyes that cannot be blind, as matter.

The true flowers, birds, stomach, man, are governed by so-called laws of matter (in belief only) which, if not broken by the apprehension of Spirit and spiritual law, will go on being governed to ultimate discord and destruction.

The flower, tree, bird, insect, stomach, man, as matter, are evil. In other words, they express the evil sense of what bird, tree, etc. are.

Does evil require matter, then, to express itself?

No, it requires belief only, which fulfills all of its own conditions, creates its own outlines, deforms its own limbs, all in consonance with its beliefs in matter as substance, mind as mortal, cause as material, and law as the activity of mortal mind.

Love is omnipotent and omnipresent because it is infinite Mind embracing all that emanates therefrom. It is Principle because it is operating. It is omnipotent and omnipresent intelligence because it stills strife, assuages grief, heals sickness; in short, heals every claim of matter as substance, cause, law, and sets man's capacities free to use omnipotence as his sovereign birthright. It deals in justice, in gentle consideration, in courtesy, in kindness, and it sweetens character, makes homes happy, heals broken hearts, bestows contentment and peace; establishes the kingdom of God among men.

#### What is man?

Generic man is the sum total of all the ideas of Mind, God, or the one perfect intelligence expressed in multitudinous ideas, which are forever unfolding from the boundless basis of infinity. The ideas are essentially the same, yet each performs a separate and distinct office. All are necessary to a complete man, who is the full representative of Mind, the likeness and image of God, which includes all right ideas. Man is the knowledge of God. Then, knowing is man.

Individual man is what I know about God as Mind. It is what I have been able to consciously discern of the knowledge of God. This is my individuality.

The activity of Mind, expressing itself as idea, is man.

The activity of Mind expressing itself as Life (idea) was the impulse that wrought the resurrection from the tomb. It was action as man, and such activity is the Saviour, your Saviour and mine, from the finite sense of death or mortality.

God and all the synonyms analyze infinity as changeless, undying consciousness. Man's consciousness is Mind. It is intelligent consciousness. It is omnipotent consciousness. It's the one omnipotent consciousness forever thinking (expressing), and that expression is idea, or man.

The sum total of the ideas thus forever expressing themselves is man.

Such activity identifies and establishes the one presence of God as operative cause, or Principle. Without such expressing, God, or Principle, would be an inactive non-entity, no God. "The fool hath said in his heart there is no God," no Mind.

Man is, because God as his Principle, cause, origin, is.

Without a Principle forever expressing itself as ideas, there would be neither universe nor man. The universe is the expression of Mind's ideas. Man is the highest and fullest expression. Man's consciousness includes the ideas of tree, bird, flower, animal, body. This explains man's dominion, control, over the entire universe, himself subject to no control but that of Mind, from which he, as idea, devises his control over the lesser ideas which aggregate to make up the lesser universe.

Then it is God, Mind, that exercises the dominion, and not the idea, man, that controls the universe and man. Man and the universe are the evidence of God's, Mind's, activity, law, order and continuity. Man is the evidence of God.

There is not a God *and* a man reflecting God. But man is God made manifest. Or, in other words, man manifests what God is.

Man's government is God. He governs by God and is governed by God. Therefore his possibilities are equal, co-equal with God, for he is the full expression of Mind, including and expressing all that Mind contains.

So now we have a perfect God and perfect man as our basis of reasoning. What does it do? It uncovers error.

What is error? The exact opposite of perfect God and man; the exact reverse of all truly scientific statements of God and man. The perfect basis for thought uncovers error as a false claim of cause. It uncovers a false claim of life, of intelligence, of selfhood.

In short, what does error claim to be? It claims to be mind, and it claims to be mortal. Then we call it mortal mind.

What does error operate through? It operates through belief.

What is Matter? Matter is a false belief.

Mortal mind, operating through belief, manifests that belief, and names it matter, and declares that matter is composed of atomic aggregation, declares that all matter is organized. And so it is.

Everything that is organized is cognized. You may change its form by combustion or other chemical processes, but it is still organized matter because palpable to the senses.

What is the atom that is supposed to aggregate and call itself matter? It cannot be discerned with the naked eye nor with the most powerful lens. It cannot be tasted, felt, heard. Then the atom is but a theory, and we have no place to go for it but to mortal mind that evolved it. The only conclusion to be drawn is that which mortals see, feel, hear, taste, touch, is belief and its expression.

Mortal mind's first concept is to increase itself, calling itself animating, producing cause. Now, cause is infinite Mind, only — one cause, one God, one Mind. Mortal mind divides causation with many minds, and needs a man and a woman to reproduce its own species.

The senses of man are spiritual. Spiritual being is Mind and all joy, peace, purity, understanding, emanating from Mind, the only cause. There can be no material senses, for Spirit's senses are all, and Spirit, Mind, cannot produce its opposite. Or, in other words, the effect of any cause must of necessity partake of its producing cause. And Spirit cannot produce a sense that is material.

Thus, we find mortal mind belief and lust, the supposed cause of man, requiring a mortal man and woman with a belief of sensation in matter standing in consciousness in the place of one Mind, omnipotent as creator.

In the counterfeit "scientific statement of being," all is mortal mind and its mortal manifestation. It needs only belief. It needs no matter, and there is none.

Here you have the mortal known as Adam and Eve — evil mind and its belief or manifestation — matter, so-called. In mortal mind and its beliefs operating as matter, we have its offspring, Cain and Abel. Cain stands for malice, hate, jealousy, fear, revenge, etc. Abel, the more nearly good state of consciousness. At the juncture where Cain and Abel are operating, man's need begins; and, as thought advances, we have Abraham — an attenuated state of consciousness, or evil disappearing. We find Abraham declaring God almighty. Then we follow down to get in Abraham the state of conscious thought that is sufficiently elevated to see what is the falsity of mortal mind's idolatrous beliefs — an elevated thought, but still in the condition of consciousness yet believing in sensuousness. We go further and find the Isaacs and Jacobs all getting glimpses of divinity, yet still mortal in their tendencies. Jacob was in the line with the law of good, because Abraham (the thought from which he was evolved) saw God. Yet Jacob was a sensuous, corporeal mortal. He deceived his father, cheated his brother, indulged in dishonest thought, until he feared death and fled to escape it. Here comes in a sense of conviction and expectance, and we leave the word picture of Jacob's wrestling with an angel to illustrate his recognition of evil and his overcoming it in a degree.

Then comes Moses, who saw the error clearly, but believed it to be real; and from this belief grew the framing of the law, "Thou shalt *not*." In the material evolution of thought sprang a simple pastoral people, a people who named their children after God: God with us, God our strength, God our salvation, etc.

From out these people came the prophets, or conditions of consciousness, catching glimpses of the nature and evolution of Mind, God, and its laws. Following the inevitable line of reasoning from the premises of the glimpses of Mind's infinite operations, they were thus enabled to prophesy the coming, or appearing, of a condition of consciousness that would be a Saviour from falsity.

The next step is the Virgin Mary, who through her pure thought discovered that man does not produce man. We then have a consciousness containing the qualities of motherhood, but we have no father. A higher and clearer illumination of this thought, brings a clear active sense of the fatherhood of God; and what is termed the Immaculate Conception takes place. And, according to human usage, the prescribed number of days having elapsed, Mary's immaculate conception, idea, is brought forth in visible manifestation as the infant Jesus, Saviour. This is what the world calls the Immaculate Conception. Was it? No, because in belief, or to human sense, it took on a human form. The impersonal idea of the Christ is immaculate to the Christian Scientist because incorporeal.

Infinite Mind provides for the continuity and perpetuity of its own ideas. Mortal mind means dead mind; and it provides for its own destruction, and also for its own reproduction, not perpetuity. It goes on dying and reproducing, believing it is perpetuating man, when it is only perpetuating its own beliefs, which will continue their evolution until met and demolished by the facts of being.

In Science, we find Mind directly and consciously containing all its own ideas. In other words, Mind governs and sustains the universe and man. Mortal mind's man is sustained by dead matter, by the food he eats, all of which must decompose or die for his sustenance. He kills animals and fowls in order that he may sustain his claim to life, or dead flesh. Even the wheat he eats is crushed and destroyed as wheat for his sustenance. Thus we see that mortal mind's man feeds on death in order to sustain life — a contradiction from beginning to end, confusion, non-intelligence.

God, Mind, is not the author of confused ideas, a union of death and life. Intelligence is not the author of a law that kills life to sustain life. Life is God, and is self-contained and self-sustained — the eternal, omnipresent consciousness, the presence and activity of God's ideas which do not, cannot, depend on dead matter for life, sustenance, and continuity.

Is *stomach* a part, or idea, in or of consciousness?

Stomach is an idea of God; and whatever stomach is, as God's idea, it is spiritual and perfect.

What would you say of a *tumor* in the stomach?

What is it a lie about? Stomach or God? It is a lie about God because it is a claim of defective action. There is, therefore, no tumor; but belief comes up and says, claims, that the action of man's body can become defective.

Body is spiritual, governed entirely by infinite Mind as an idea in infinite Mind; and therefore its action cannot be disturbed.

Substance. There is no substance out of which matter can be made, for mortal or dead mind is not substantial. Its beliefs are not cause, and their activity is not sustained by law. Therefore, whatever it may manifest, is but the outline of a substanceless lie, with no foundation, principle or activity. The manifestation is but the shadow of the lie. A lie being substanceless, its shadow has no substance.

Cause. There is no cause for abnormal growths. God's activity, as creative Principle, is the only cause. There can be no abnormal growth anywhere, for cause, God, has made all that was made, and it never made inaction or matter. Therefore, this so-called tumor is not tumor, or matter, but belief, subjectively and self-imposed.

Law. There is no law for such a thing; no law that can possibly induce a fibrous growth, for from the infinite intelligence emanates all law. Stomach, being spiritual, is not subject to any such growth, is not the subject or object of such a lying theory or lie. Man, idea, is not the subject or object of such a lying theory, neither is he constitutionally liable or susceptible to such suggestion. Such suggestion cannot enter into omnipotence, and, not entering in, cannot influence consciousness. There are no such suggestions. There is no evil mind with a desire or intent to do injury, or with the power, intelligence or ability to do wrong.

The only growth is the growth into goodness, into understanding of God.

Handle the claim that surgery declares itself the only remedy.

Handle, also, the claim of physiology and *materia medica* which declares that hypnotic effort of physiology and *materia medica* is constantly exerted against the healing by Christian Science of such diseases.

What heals the sick? There never was a sick man, or a sick woman. There is no sickness to be healed. Christian Science never healed sickness. Why? First, because there is no sickness to be healed. Second, because the infinite Principle knows no such thing. There is no such thing as mortal mind belief, or manifestation of belief.

From the human standpoint, what heals? Does mortal mind do it? No, the Christ idea, the spiritual idea of Life, does it. Is it because the spiritual idea knows anything about sickness, or because the spiritual idea is the reflected idea of Principle that knows no mortal mind belief or matter, that it heals or breaks down the belief? It is because it does *not* know mortal mind belief or matter that it is able to do the work, to replace the untrue sense of life with the spiritual sense of Life, through its own activity as idea in human consciousness, so to speak, working or acting with human apprehension.

# Than what is the law of God?

It is the spiritual, the true, the right, the correct idea of Life. Its activity is spontaneous with itself, and its mission is to restore the spiritual, the correct sense of living. It is the Christ, the divine manifestation which comes to the flesh (to human apprehension) to destroy incarnate error. Note its mission of activity to destroy incarnate evil.

Then what is Jesus the Christ?

It is the human concept of the Christ working in and with erring mortals, denying and destroying evil, and bringing a conscious recognition of evil as evil. It is the condition of thought that recognizes evil, discerns the unlikeness to true thought quality, and so destroys it through denial.

It is your sense and my sense of the facts of being that saves us from the belief in, and reliance on, the false sense of being. In short, it is human consciousness, so to speak, working with the Christ idea in the demolition of error.

In this sense, Jesus and Christ are one. Jesus is the Christ. It is not human consciousness as a consciousness that does the destroying work. This word *human*, as used in *Science and Health*, designates the *fact*, so that we, as mortals, may be able to apprehend it; but, in fact, treatment is divine consciousness operating.

In so far as I know and declare the eternal facts of being, I am spiritual, and my consciousness is Spirit. This condition has nothing to do with human consciousness, so-called. Indeed, human consciousness, so-called, has no cognizance of Spirit. Then the consciousness of man is really the presence and activity of God's ideas. They are not dealing with matter, but with a conscious sense of evil, with erroneous thought.

The spiritual idea, as an active working condition of conscious thought, resolves things into thoughts, and so restores all things into their rightful classification. Even error exists as thought, and must be classified as such.

All matter, so-called, must be recognized as belief of erring thought. Only in this way are we able to distinguish between Christian Science and medical science, so-called, in diagnosing disease. Christian Science sees sickness as evil thought manifested. The M. D.'s see it as matter. Christian Science classifies it correctly; M. D.'s wrongly.

All error manifests as thing. All error exists as erroneous concepts. The concepts are as weeds, and must be uprooted, must be specifically met and mastered. Right here arises the question — do you manifest eternal Life, eternal Mind, health, peace? No. It is because you do not handle animal magnetism. It is because those weeds of human concepts are not being specifically met and mastered. It is because you are not reasoning as shown in *Science and Health*.

Every time you deny an error lodgement in your thought, you are handling animal magnetism. There is no struggle in this work. The idea of Spirit, right, knows no struggle. The idea 2 and 2 = 4 has no struggle to meet and demolish the false concept 2 and 2 = 5. Any spiritual right idea is, and it is eternally reflecting the harmony of its Principle. Any struggle that may take place, is purely erroneous sense, and is not consciousness, but is a lie actively engaged in an attempt to destroy your idea of God. See what Love-consciousness is.

Life is God. Life is eternal Life. Life is all-active. Life is being, and is man's life. Then would you say there is no life in the body? No, you would know that man's body is an idea in divine Mind, and is therefore an active, eternal expression of Life, and never for an instant stops being active Life. Stretch forth thy hand. Arise and walk. Such words of Jesus show his knowledge of the fact, and the results that followed his words reveal the effect of consciousness applied.

The aggregation of right thoughts that you and I discern and use is individual man (you and I); illustrated when I restored the dying man. I did not declare there is no life in the body, but my declaration of Life and its active, eternal mission included an understanding of man's likeness to God as Life, and also knowledge that such knowing includes a denial of death. The statements were structurally as declarations should be in every case.

First, a fundamental: God is Life.

Second, descriptive: Life is eternal.

Third, application: that Life is my Life illumined the consciousness when a belief and fear in death was arguing, until this aggregation of thoughts became the consciousness of the man, and animal magnetism, as a belief in and fear of death, was destroyed — robbed of its activity and consciousness — and individual man alone remained to express itself.

All treatment means peace. If given in the nature of fighting, there is something built up in thought to fight as an adversary. Treatment means death to error. It means power. It means strength. It means dealing with thoughts. Then again comes the question, How did Jesus Christ heal? By meeting every discord as a claim of mortal mind, not as a thing; by applying the fact to the lie, and so displacing it in thought. Application is practice.

Who heals? Does man heal? What is the healer? The divine idea alone heals. Man cannot displace the wrong thought. The right thought alone can do that. Then can a man heal? Can belief heal? No. Here lies the great necessity of having your affirmation clearly defined in thought so as to enable you to deny with accuracy and understanding. Get the structure of your argument clearly defined, and your denial will be with authority.

Formulated thought works actively in the passive consciousness of the patient.

Case of *scarlet fever*. *Infant*. It is action of mortal mind — a claim of animal poison. No substance. Why? No cause as infection, fear, poison, contagion, belief in necessity of sickness, etc. No law to create, convey or to distribute scarlet fever. No space in which it could act. Contagions and infection are but the mesmeric action of a belief in infantile diseases, and is a claim of prenatal influence, because everything must exist as mind before it is manifest. So sin is in solution before it is formed as concept. Sin existed as a false claim before the human concept

of sin. Sin is not cause. All such mesmeric influence is as much a part of the child as his nose is a part of him (human concept). Therefore, the child is born with this law of prenatal influence as part of him. Conception proceeds according to law (so-called). The child is born according to law, and this concept of child and law proceeds to destroy itself. Christian Science reveals this intermediary of subconscious state, and this puts into the hands of the practitioner the weapon that destroys it, and frees humanity from the so-called law of sin and death.

So when a child is born, what do you have? Matter and a subconscious state of mortal mind.

Christian Science shows there is an intermediary subconsciousness (prenatal mesmerism or the result of the belief of mortals called animal magnetism) between mortal mind and body, and that organic action proceeds automatically to carry out the beliefs of animal magnetism. This subconscious state begins its activity with conception, which is according to law, and birth, which is according to law. So, when birth takes place, we have two things, matter and subconsciousness. Then the disease is not in matter but in subconsciousness or mesmeric belief.

The law of thought-transference should be handled in every case.

*Scrofula*. Patient forty years old. To illustrate another phase of the same error, case claims to be hereditary, or transmitted from parent to child.

Substance. There is no consciousness to transmit evil, because there is no consciousness of evil. The substance of man is good, and his only heritage is the substance of God.

Cause. No sin, no evil practices, no sensualism, vice, pollution, parasite. Material law says it is poison, animal poison, the result of sin. It says man's blood is poisoned, produced by a microbe.

Where has the microbe been the 39 years the patient did not have scrofula? Dread produced the outbreak, and old theology says it is in accord with the law of God.

All is Spirit and spiritual. There can be no poison anywhere to pollute man's life. No space in which poison can act. No time for it to appear. No microbe to destroy man's body. The eternal idea of God, man, cannot be destroyed or devastated. Microbe is not a cause, not a thing, not an idea in Mind. Man is not subject to such law, is not the object of it, is not constitutionally liable nor susceptible to any such suggestions as law.

## Evil — Matter

Show the necessity of recognizing and handling specifically all so-called laws of matter. Show, also, that treatment must cover the ground of the claim involved that is presented for destruction.

In handling any case, in that it is a claim of mortal mind calling itself discord when man is God's image and likeness, always strike at mortal mind as its (the claim's) origin, else you do not meet it as mental activity, and it will seem matter to you.

Illustration. A claim of headache.

If not recognized as a claim of mortal mind, you are handling matter headache, and you will fail.

Handling animal magnetism means handling mentality.

Handling animal magnetism means mental activity and this must be done primarily with a serene understanding of God. Secondly, such understanding must become consciously active so as to demolish the claim.

First, then, we see what head is, and by what it is governed. Then we continue with our argument that substance cannot ache. No cause for such a claim. Sin is not cause; fear is not cause.

Include specific work on any claim of sin that may be uncovered.

Law includes the claim of brain, nerves, etc., that physiology may suggest.

Fear of death is the seat of all disease. Mortal mind has its fundamental pretenses. It claims to be a creator. It claims that it has matter, bones, substance, laws of action, form, etc. Its fundamental law is that it can kill as well as create, and then its law is to kill and devour its own progeny. So fear of death is the seat of all disease.

Every treatment must include a denial of sin. Envy, anger, fear, revenge, malice, jealousy, hatred, are the seven points of sin. Hatred includes passions, animal poisons.

In handling claim of cause, do not fail to handle sin as a claim. Analyze every phase of it. If envy, no pleasure in it, no substance in it, nothing to envy or to be envious of, etc.

We have a right to expect an immediate uncovering of the claim of cause in any disease, and we must know that what we need to know of any case will come to us. Even the laws, so-called, of physiology will come to us, if we need a knowledge of such to break the mesmerism of disease.

*Illustration*. A claim of *heart disease* was being handled. The practitioner in conversation with a student learned that it is believed that there are pneumogastric nerves in the stomach, and sympathetic nerves in the stomach; that an irritation of any part of the stomach conveys itself to these nerves and they disturb the entire system. Some of these symptoms are palpitation of the heart, headache, pains in the chest and back, and whooping cough.

In cases where no disease or symptoms are given, we must touch all the claims of evil that come to thought. Attack three primary claims; substance, cause, law.

For example, *Substance*. No animal magnetism, matter, over-action, inaction, sin, reaction, fear, physical structure, belief, no material conditions.

Cause. No heredity, M.D., transference of thought, hygiene, health laws, osteopathy, anatomy.

Law. No physiology, sanitary, climatic, palmistry, astrology, spiritualism, fatalism, destiny.

There is no over-action resulting in a deposit of morbific poisoning, no law of nature, so-called. Patient cannot be subject to poisons, animal, vegetable or mineral. Patient has no fear of death, hell, or evil. He knows no sin of sensualism or vice, is not subject to their influence. He is not governed by thought-transference.

Sin cannot act as cause, nor substitute itself as cause. There are no so-called vital fluids. The patient is not the subject, or object, of earth currents, tidal influences, or any occult power, so-called. He is not controlled by physiology, theology, false science, witchcraft, or occultism. He is not governed by the claim of minds many, or by the laws of life insurance called the expectancy of death.

Parasite or Itch. It is a claim of animal life consuming man. The body of man (divine understanding) cannot be consumed. This is a belief that flesh is mortal, that it is being destroyed, that there is such a thing as a microbe that wants to or can destroy the body of man. Man is not subject to any such thing.

### Evil Mind

The claim of evil mentality. The most difficult thing to recognize is the claim of malicious mind.

Suppose a claim of a child with measles, and the surrounding thought of the people is ignorant of Christian Science and willing to try it. That is ignorant animal magnetism, simply matter, and can only think error. How long will it take to dispose of it? The simple meeting of it demolishes it.

There is no sick body. No one has measles. No measles.

Now, suppose a trained M.D. nurse with a trained M.D. thought and a touch of malice is added to the case. M.D. laws relative to measles, contagion, etc., must be specifically handled. Another and more urgent form of malice is now added. A sting directed at parents for permitting such nonsense as Christian Science treatment. This phase must be handled also. We shall go further. Now a lot of people know of the case who also know something of medical law, and who hope the case will not recover. The practitioner must know, as in previous stages, that there is no one to think of that case. God does not know it. No man, woman, or child to know it. No mind to think or desire evil, or desire to do evil. No man, woman, or child to be vicious or to wish evil of. Nothing to die or wish death for. Finally, other people appear who declare the child will not get well. Treat directly against hypnotism and hypnotic influence.

Mortal mind as the counterfeit of divine Mind claims to be infuriated, and therefore finds a channel to do anything. Also, because of its claim to infinity, it will do all evil until it is put out of the way. All must be recognized as a belief.

Fear — the complication — condemnation of self will not get rid of evil. It must be destroyed. In such cases, a thought of discouragement may come. The point of victory here is to recognize that you are not discouraged, but that you are but reflecting the touch of animal magnetism from the minds that would stop your work. That is not inability to handle the claim. The thing to do is to see that the suggestion of evil is not you. It is mesmerism that says, "I am discouraged. I am afraid;" it is not you and must be recognized as hypnotic suggestions. Meet them with, "I am not discouraged, I am not afraid." Break the fear of disease or fear. Know it is not your fear.

Offenses must come, but don't let them handle you as your own thought.

The above illustrates ignorant, uneducated, malicious thought. This is what Christian Science calls *mental malpractice*.

There is another phase of mental malpractice. It is the highest form of evil. It is educated and intentionally directed. It is exerted for malicious purposes. If you can handle this, you can cure any case; it includes all the lesser phases. The condition of thought that sees mental malpractice as personality cannot handle it. Mental malpractice has no personality through which it can act.

All forms of occultism are educated forms of thought. They know the power of mind.

Theology, theosophy, spiritualism, witchcraft, hypnotism, false science, black art, esoteric magic, orientalism are educated evil. They claim to be Mind, wisdom, Truth, power,

substance, intelligence. We must know there is no channel, or medium, through which they can operate.

Mortal mind has no evil personality through which it can act, or reflect itself through thought transference or a belief in minds many.

No law of mental malpractice was ever made. There is no such law-maker, and no such case. Man is not under such law and is not the object of it, not susceptible or liable to its influence. Hence, this patient, or this business, is not under any such law.

There are no mental malpractitioners.

There is no cause to mental malpractice. Such so-called influence cannot educate a belief in sickness. It cannot act through sin, through a claim of envy, appetites or passions, jealousy, hatred, etc. It can not act through belief in health laws, M.D., or poisonous drugs. This false claim cannot exert any influence of poison hypnotically administered.

Revenge of disloyal students has no formulated, sinful, or subtle laws.

First thought. Arsenical poison hypnotically directed and administered cannot produce an irritated condition of the digestive system. This law has never been broken, and it should be handled until it is.

Second thought. Relapse. Law that Christian Scientists and their patients shall have a return of old beliefs and irritation.

Handle arsenical poison and above.

Take out all power as a primary cause, claim or remedy. Then take up its claim to act through persons. Then see that it cannot as a belief do anything. Is not cause or remedy. It never did anything.

Eyes are healed by handling this and mercurial poison.

Poison, hypnotically administered, and relapse, have no power of intelligence to use a claim of food, climate, or any other condition or thing as harmful. Cannot cause a return of sin, or induce sin. Has no intelligence to suggest inactivity, paralysis, accumulation of poisons, secretions in the body, decompositions, abnormal growths, etc., whatever the claim, or condition, may be.

There is no mortal mind to act, or be acted upon and no matter to manifest it. It knows nothing that exists. It does not know this patient. This patient is not the object or subject of such belief.

Strike the blow of demolition at mortal mind. It has no intelligence, no substance, no law, no cause. It has nothing, and nobody to act through.

Evil can't act as person, or as an evil belief, can't act through any channel, or medium, such as hypnotism, spiritualism, etc., or through any isms.

There are no men, or women, to mesmerize or to be mesmerized.

Evil's object is not Mind, God; it is erroneous concept. It has no subject. It never did anything to a Christian Scientist. It never did anything to anyone.

Case of prosecution at law.

See what error is likely to do and forestall it. Don't wait for it to act first (this is an important point in any condition at all times). If in a case at law, for example, you know clearly and all the time that error can't do anything right, that it can't do anything at all, you will find it pretty well used up.

The Word of God declares the unfitness of error. It can't make itself heard. There is nothing to hear. In such cases handle clairvoyance. All true active thought, motive, and purpose is in divine Mind. Mortal mind cannot read or cognize it, for clairvoyance has no action or rule.

The law you make says that clairvoyance cannot read what you are thinking of or doing. Mortal mind has no rule or law by which it can subtract, or deduct, from your thought, your motive or conduct.

# Aggressive Suggestion

Aggressive suggestion is the continuous and intentionally directed suggestion, and differs from other forms in that it is continuous and persistent in its endeavor to wear the student out.

# Romanism

Romanism claims to bestow a curse. Also, to furnish all the machinery through which the curse operates.

# Ascension

Ascension represents the individuality of Christ. That state of consciousness is the pattern, and we are to be not a whit less.

# Three-fold Nature of Being

Father, Son and Holy Ghost.

Infinite Mind, from which all proceeds, the fundamental Mind, is the Father.

Sonship is the individual state of consciousness, none other than self. Let the ideas come in until they fill the conscious thought as selfhood.

Holy Ghost, the Spirit of Truth, the Science of being which defines being as the whole Truth about everything.

Infinite Mind is the Father.

Christ, true idea is Son.

Spirit, or Science of Truth, is Holy Ghost.

If your patient does not respond after you have done all, search self, pray.

Declare for uncovering, expecting it. Treat, expecting results.

Abide in God.

# **PART II**

# HANDLING THE PHASES OF ANIMAL MAGNETISM

By Professor Hermann S. Herring

Very few essays written on this subject have explained so brilliantly the need and the way to detect, deny, and overcome our belief in the reality of evil and matter. Professor Herring was one of the finest early workers in the movement, and he grasped the need to handle the belief in the reality of evil and matter, and how to do it most effectively. This paper by him is especially relevant to our world at this time and to the daily use of prayer in Christian Science for ourselves, our patients, and our work for the world. Prof. Herring defines animal magnetism in many strong, concise statements that clarify our own concept or misconception of it. He covers malpractice thoroughly. Professor Herring makes the following discerning statement about aggressive mental suggestion — which our dear Leader tried to educate her students to understand: A hypnotist has said that he can hypnotize no one, he can only offer the suggestion and the subject hypnotizes himself by accepting it.

# MANUAL, ARTICLE VIII

A Rule for Motives and Acts. Section I. "Neither animosity nor mere personal attachment should impel the motive or acts of the members of The Mother Church. In Science, divine Love alone governs man; and a Christian Scientist reflects the sweet amenities of Love, in rebuking sin, in true brotherliness, charitableness and forgiveness. The members of this Church should watch and pray to be delivered from all evil, from prophesying, judging, condemning, counseling, influencing and being influenced erroneously,"

This prayer alone, if used, would be a great source of protection and guidance to right living. Mrs. Eddy defines watching as alertness to duty and also awareness of danger. She refers to the fact that a faithful watchman would be especially awake to the efforts of the intruder at every possible point of entry.

# MANUAL ARTICLE VIII

**Alertness to Duty, Section 6.** "It shall be the duty of every member of this Church to defend himself daily against aggressive mental suggestion, and not be made to forget nor to neglect his duty to God, to his Leader, and to mankind. By his works he shall be judged, — and justified, or condemned."

Here we have a clear definite statement that we must defend ourselves against definite evil influence, and it is evident that we should have in thought the need of definite defense. Mrs. Eddy did not mean just to repeat the words, but to realize the truth more and more clearly for a longer time. Repetition expands thought, if this is done with an honest purpose.

"The Lord's Prayer, understood in its spiritual sense, and given its spiritual version, can never be repeated too often for the benefit of all who, having ears, hear and understand." (*Christian Healing* 15:28-3)

(See Miscellany 232:9-6, 233:19-27) "WATCHING versus WATCHING OUT")

#### HANDLING MATTER

It is evident that all evil thinking, all mental malpractice occurs on the plane of belief in matter. Indeed, hypnotism cannot work except on the basis of matter. Consequently, the more clearly we know the unreality of matter the less we are liable to be affected by mental malpractice and hypnotism.

Mrs. Eddy once said that "Christian Scientists do not handle matter sufficiently. They are too glamoured by it." Later she said, "Christian Scientists should handle matter as matter, recognizing it as the claim of a material basis of existence, and not as an entity." "You command the situation if you understand that mortal existence is a state of self-deception and not the truth of being." (*Science and Health* 403:14-16) If we try to work in matter, with matter, or for matter, we are working with mortal mind, which always results in discord. Thus the handling of evil mind, or mental malpractice, definitely involves the destruction of matter, the basis upon which and through which it operates.

# GOD'S OPPOSITE

We can see that any mental dullness, darkness, forgetfulness, not to say, indifference, apathy, indolence, is due, plainly to what Mrs. Eddy calls "God's opposite." We can readily see that in order to be clear we have to remove this mental interference.

"Mortals will lose their sense of mortality — disease, sickness, sin, and death — in the proportion that they gain the sense of man's spiritual preexistence as God's child; as the offspring of good, and not of God's opposite, — evil, or a fallen man." (*Miscellaneous Writings* 181:25)

### ANIMAL MAGNETISM (A.M.)

Our ability to think is our most precious possession. We should weigh our thoughts and avoid careless thinking. That which tries or seems to interfere with our prayers, our thinking, our healing, our spiritual growth, is what Mrs. Eddy terms *animal magnetism*; it responds in treatment better by that name than to any other.

"Mesmerism is mortal, material illusion. Animal magnetism is the voluntary or involuntary action of error in all its forms; it is the human antipode [or exact opposite] of divine Science." (Science and Health 484:21-24)

"Dr. Chapman, Professor of the Institutes and Practice of Physic in the University of Pennsylvania, in a published essay said: 'Consulting the records of our science, we cannot help being disgusted with the multitude of hypotheses obtruded upon us at different times.'" (*Science and Health* 163:19-24)

Handling A.M. as we are instructed to do means analyzing it to nothingness on the basis of the divine reality. "In a world of sin and sensuality hastening to a greater development of power, it is wise earnestly to consider whether it is the human mind or the divine Mind which is influencing one." (*Science and Health* 82:31-2) "Science is an emanation of divine Mind, and is alone able to interpret God aright." (*Science and Health* 127:26-27) Only through Mrs. Eddy's writings can a full and complete view of the nature of evil be seen. Through these alone can we correct the belief in the supposed reality of matter, of mortal mind, of evil, which seems to interfere with our knowing what divine Truth is and thus be able to make a clear differentiation between the real and the unreal.

Be sure to see clearly that A.M. "... is the human antipode of divine Science", (*Science and Health* 484:23), which means that it is the exact opposite of Christian Science in principle, in substance, in law, in being, and in effect.

It is important to handle the claim of A.M. which tries to handle and disturb us by bringing about discordant conditions with patients, friends, etc., who seem close to us in thought. Consequently, we must clear up our attitude by knowing and declaring and establishing the law that no form of A.M. can talk to us in that way; knowing that we exist in Mind, and that we will not listen to arguments of error coming through persons and situations that we are interested in, for the purpose of disturbing us. We must not lose sight of the fact that if we walk in the light, stay in the light, walk with God, living in the consciousness of divine Truth and Love, we will not experience discords of any sort. In other words A.M. will not be able to bring about anything or do anything to us, because to us there really will be no A.M. "The face of the Lord is against them that do evil, to cut off the remembrance of them from the earth." (Psalms 34:16)

# MENTAL MALPRACTICE

Mrs. Eddy refers so much to malpractice that it is very important for us to see that mental malpractice is the activity of evil thinking, and she classifies it as ignorant, unintentional malpractice, and as malicious and intentional.

#### IGNORANT MALPRACTICE

The ignorant form includes the general condition of holding people in error without malice — such as interested and sympathetic friends, nurses, relations. Whenever you hold anyone in error you malpractice in some degree and make it difficult for him.

#### MALICIOUS MALPRACTICE

In handling malicious malpractice, the malice and hatred against the Christ, Truth, must be destroyed, and we must lose our belief in it and our fear of it. This can be done by seeing that "... the reverse of error is true," as Mrs. Eddy says. (*Science and Health* 442:18) Consequently when malicious evil seems to be at work, we can see that its opposite, the infinity of good, is actually at work. God is always there first.

Mrs. Eddy taught us the nature of evil mind so that we can understand it and protect ourselves and our patients from its illusion. Divine Love is the most effective neutralizer of all malicious evil.

The scientific uncovering of error as nothing is the handling of error. Take all the substance, mind, and law out of it. See that it has no medium or instrument; that it is not a law maker; that there is no such law, and that a law was never enacted. See that neither you nor the patient is under it. No malpractitioner ever made a law. No law can ever make two and two equal five. Know that A.M. cannot enact laws of interference with Truth, nor laws that will bring evil into operation.

### HANDLING FALSE LAWS

It is a duty to be a law to ourselves that divine Principle alone governs us; that divine Mind is our only consciousness; that divine Spirit is our only substance; that divine Soul is our only individuality; that divine Life is our only existence; that divine Truth is the only verity of our being, that divine Love is our true, our only nature. Let no hour go by without identifying yourself with God.

Do not forget the law of relapse — return of old beliefs; the law that treatments are reversed; the laws against Readers, Churches, and all organizations; against Reading Rooms, lectures, work; the laws that aim to set Christian Scientists against each other, produce discordant conditions, disrupt organizations; the law that Christian Science does not heal, that Christian Scientists are subject to various poisons, and the law that tends to reverse the Scientific Statement of Being. "What do ye imagine against the Lord? he will make an utter end: affliction shall not rise up the second time." (Nahum 1:9)

"So shall my word be that goeth forth out of my mouth: it shall not return unto me void, but it shall accomplish that which I please, and it shall prosper in the thing whereto I sent it." (Isa 55:11)

Remember that Christian Scientists do not suffer from disease, but from false law. Therefore, we need to establish the law of God, not forgetting that there are no laws of *materia medica*, pathology, or any other that can darken our spiritual vision nor weaken our spiritual faith.

# **GLEANINGS ON HEALING**

It is evident that all bodily conditions, symptoms, nerves, irritation, mental disturbance, discordant experiences, events, etc., are due to hypnotism in some form.

Do not fail to handle hypnotism, false psychology, spiritualism, astrology with its law of horoscope, theosophy, and all forms of occultism.

"No man can serve two masters: for either he will hate the one, and love the other; or else he will hold to the one, and despise the other. Ye cannot serve God and mammon." (Matt 6:24)

"Only through radical reliance on Truth can scientific healing power be realized." (*Science and Health* 167:30-31) "Sickness, sin, and death must at length quail before the divine rights of intelligence, and then the power of Mind over the entire functions and organs of the human system will be acknowledged." (*Science and Health* 384:30-1)

It is important to know that there is no law of accumulation of malpractice. Evil mind does not believe it can do much with one treatment, so has enacted the law of accumulation, which is supposed to operate until there is enough power "to strike a blow," as Mrs. Eddy once said. Accumulated ciphers have no more value than one cipher.

There is a great need for handling scholastic theology, teaching as it does the divine imposition of sickness and disaster; that death is inevitable, and that it is an advantage.

Slow and stubborn cases are always due to malpractice, which gets in through some error believed — or perhaps to some temperamental tendency, fear, habit of thought, or disobedience, but always to a wrong sense of self, and to unhandled fear. Reality is not real enough — unreality is not unreal enough. Slow healing follows a lack of nearness to God, which involves not listening and not obeying.

"There hath no temptation taken you but such as is common to man; but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way

to escape, that ye may be able to bear it." (I Cor 10:13) Metaphysically this means that we cannot experience a greater error than the truth we have to meet it with.

"Shepherd, show me how to go ... all the rugged way." (*Miscellaneous Writings* 397:22-4) "Through the wholesome chastisements of Love, we are helped onward in the march towards righteousness, peace, and purity, which are the landmarks of Science. Beholding the infinite tasks of truth, we pause, — wait on God. Then we push onward, until boundless thought walks enraptured, and conception unconfined is winged to reach the divine glory." (*Science and Health* 323:6-12)

"He shall deliver thee in six troubles: yea, in seven there shall no evil touch thee." (Job 5:19)

Many Christian Scientists would rather have you treat them for a headache than for malpractice, because they prefer to believe that they have a disease rather than they are being fooled, or mesmerized.

# **AWAKENING**

Nine tenths of all your troubles are due to unhandled fear superinduced by mental malpractice. Do not merely believe the teachings, but put them into practice. It is never that we cannot; but just that we do not.

# INTELLIGENT RECOGNITION

Mental malpractice is endeavoring to ruin the Christian Science Movement by preventing us from awakening to its claims. Its effort is to keep us from understanding Mrs. Eddy's teachings. We need to recognize the direct hypnotic work that seems to be going on, remembering that the hypnotist has said that he can hypnotize no one, he can only offer the suggestion and the subject hypnotizes himself by accepting it.

Truth alone uncovers error as error. Rise higher in spiritual consciousness. Be more faithful to your mental work; work longer, clearer; work more for the establishment of Truth, and handle the error which is coming to the surface only to be destroyed. Again, "see that ye be not troubled." (Matt 24:6)

# DENIAL IMPORTANT

While Mrs. Eddy teaches the nature of Truth and its healing power, she also teaches that the recognition of what is unreal and its definite denial is essential. Declaring the allness of Truth without the denial of error (mistake) is dangerous because it may include everything as real. While the denial of error does not heal, it clears the way, weakening the error so that it will give

place to the Truth already in consciousness. There is much evil at work which we must clear away and it is necessary to do this clearing up according to Mrs. Eddy's way in order to produce the best effects upon the human mind and body. So long as we believe something to be real that is not real, we cannot correct it.

### **GOD'S OPPOSITE**

The opposite of Truth and Truth's law, — the opposite of divine Science, of power of divine Principle, of divine Love, — this opposite, Mrs. Eddy calls animal magnetism, and it is the exact opposite of Christian Science. It can do nothing of itself — but has to be put into seeming action through wrong believing. It is the seeming cause of discord of every nature.

A.M. is not merely a belief that there is materiality, but it includes the belief of law which causes disease, belief in atomic aggregation, belief in morbific conditions, belief that there are such things as bacteria, germs, etc., and in the belief in chemical and pathological reactions. Consequently, we must know that animal magnetism cannot produce conditions in organs, functions, nerves, circulation, assimilation or elimination that can operate to cause disease, which is always animal magnetism and must be treated as such.

### COMPOSITION OF MATTER

There could be no disease or misery of any kind except for the belief of the reality of matter. All through Mrs. Eddy's writings she emphasizes the need of seeing the nothingness of matter, and it is a great help in unseeing matter to analyze it and uncover its so-called composition. Physical science, through various stages, has arrived at the conclusion that matter is wholly electricity, which is therefore the very composition of material existence — with all its stresses and strains; and Christian Science teaches that electricity is the ". . . least material form of illusive consciousness. . . ." (*Science and Health* 293:3) Consequently matter is wholly mental, and hence, atomic force, atomic aggregation and accumulation, all material law and action, are mental. Mrs. Eddy has warned us to handle electrocution as a claim.

"And the seventy returned again with joy, saying, Lord, even the devils are subject unto us through thy name. And he said unto them, I beheld Satan as lightning fall from heaven." (Luke 10:17, 18)

"Electricity is not a vital fluid, but the least material form of illusive consciousness, — the material mindlessness, which forms no link between matter and Mind, and which destroys itself." (*Science and Health* 293:3-6) "Electricity is the sharp surplus of materiality which counterfeits the true essence of spirituality or truth, — the great difference being that electricity is not intelligent, while spiritual truth is Mind." (*Science and Health* 293:17-20) "Who, that has felt the perilous beliefs in life, substance, and intelligence separated from God, can say that there

is no error of belief? Knowing the claim of animal magnetism, that all evil combines in the belief of life, substance, and intelligence in matter, electricity, animal nature, and organic life, who will deny that these are the errors which Truth must and will annihilate?" (*Science and Health* 450:27-2).

Mortal mind, matter, and evil are all forms of electricity and are thus forms of illusive consciousness. When we can reduce matter to illusive consciousness and its forms to forms of nothingness, we make great progress in unseeing matter. "Matter is an error of statement." (*Science and Health* 277:26).

Atomic aggregation, then, is an aggregation of error of statement, aggregation of error of statement is a mistake, consequently matter is a mistake. Seeing this point enables one to destroy the belief. The infection, contagion, poisoning, matter discords, are nothing but mental suggestion, mere impressions. The law of accumulation should be seen as a false law about false substance. It is consequently unreal and powerless.

#### **POISONS**

Poisons are fundamentally matter beliefs, although there is also mental poison, which taints and destroys purity — physical and mental. Material poisons are animal, vegetable, and mineral, and may be physically or mentally administered. Mental poisons include the physical results of immorality, sexuality, etc. Malignant conditions of all sorts are due mainly to septic [producing putrification] poisoning and the development of septic bacteria.

Mrs. Eddy's teaching is that we must not only deny the general belief that there is such a thing as poison but know that there is no such germ, no such bacteria, no such life, no such infection, and that animal magnetism cannot use such means of producing such conditions. In other words, blot out the whole thing as completely impossible.

# **HYPNOTISM**

As has been said already, the hypnotist makes the suggestion, and we hypnotize ourselves by believing the suggestion. This means that we need to recognize the quality of our human thought and through the knowing of the divine Mind, work for the illumination of that thought and thus begin the work of transformation through the renewing of the mind.

# MATERIAL LAW

We suffer much from the claim of law, for everything mortal and material is imposed upon mortals through law and as law. We are supposed to be under the power of law in everything. "The definitions of material law, as given by natural science, represent a kingdom necessarily divided against itself, because these definitions portray law as physical, not spiritual. Therefore

they contradict the divine decrees and violate the law of Love, in which nature and God are one and the natural order of heaven comes down to earth." (*Science and Health* 118:26-32) "By universal consent, mortal belief has constituted itself a law to bind mortals to sickness, sin, and death. This customary belief is misnamed material law, and the individual who upholds it is mistaken in theory and in practice. The so-called law of mortal mind, conjectural and speculative, is made void by the law of immortal Mind, and false law should be trampled under foot." (*Science and Health* 229:15-22) "You must feel and know that God alone governs man; that His government is harmonious; that He is too pure to behold iniquity, and divides His power with nothing evil or material; that material laws are only human beliefs, which govern mortals wrongfully. These beliefs arise from the subjective states of thought, producing the beliefs of a mortal material universe, — so-called, and of material disease and mortality." (*Rudimental Divine Science* 10:5-12)

Since there is but one absolute law, the law of divine Principle, we need to see the falsity of its counterfeit or perversion — namely matter laws that claim to oppose spiritual law; also laws of fatalism such as are included in spiritualism, false theology, occultism, and so on. Christian Scientists know more about spiritualism, theosophy, Hinduism, necromancy, astrology and esoteric magic, than all these adepts and believers, because we know the nothingness of the whole claim, and they do not. We know God. "As named in Christian Science, animal magnetism or hypnotism is the specific term for error, or mortal mind. It is the false belief that mind is in matter, and is both evil and good; that evil is as real as good and more powerful. This belief has not one quality of Truth. It is either ignorant or malicious." (Science and Health 103:18-23) "Mesmerism is mortal, material illusion. Animal magnetism is the voluntary or involuntary action of error in all its forms; it is the human antipode of divine Science." (Science and Health 484:21-24)

### HANDLING ANIMAL MAGNETISM

Since A.M. is "the antipode of divine Science," everything that is the opposite of Christian Science and its teachings is A.M. Mrs. Eddy was once asked how often A.M. should be handled, and she replied, "Three times a day and all the time in between." I have repeatedly admonished that you not let one half hour go by without identifying yourselves with God.

Since A.M. comprises so many elements and phases, the thorough handling of it, as you have been taught, cannot always be done by general work. Specific handling is requisite. You cannot always break a fagot of sticks by breaking the bundle — you must break each stock separately.

The name of A.M. is as useful in identifying evil as is the use of your name in identifying you at the bank.

Holding others in error is malpractice and naturally harms them unless they know what to do with the suggestion. It is bad enough to hold Scientists in error and thus make their healing more difficult, but it is worse to hold non-Scientists in error for they do not recognize the cause of the increased difficulty. The evil thinker is eventually harmed more than the one about whom he thinks. All suffering of Christian Scientists is due to malpractice believed in by the individual.

# MALICIOUS ANIMAL MAGNETISM (M.A.M.)

Malicious Animal Magnetism is the natural hatred of the Christ, — the natural opposite of Love is hate.

All evil, all error has to be declared by some personality in order to impress it upon human consciousness — proof that its power is artificial. It is put into action through being argued by one individual and believed in by another individual. Just as perfect Love casteth out fear, so perfect Mind casts out false believing.

Divine Love realized and applied by spiritual consciousness alone handles A.M. and M.A.M. successfully. It is very helpful to mentally entertain the attributes of divine Love such as justice, mercy, wisdom, goodness, forgiveness, patience, gentleness, kindness, and so on, and this activity will result in an uplifted consciousness where spiritual light and consciousness of Love will be experienced. This exalted state, however will last only in the degree that a permanent change in consciousness has been effected.

# **ESSENTIAL WORK**

Working out our own salvation involves, therefore, knowing Truth clearly, recognizing error clearly, correcting the error with Truth, and establishing a spiritual consciousness with harmony. This does not mean just to throw a bit of truth at the error, but to correct the error with a knowing of its exact opposite. Mrs. Eddy said, "Christian Science is an exact Science, and it must be stated and applied exactly." This means that we must be accurate and apply the exact truth of which the error is the reverse. The treatment which in your work is not over until you have a clear consciousness of spiritual harmony.

Of first importance comes the analysis of A.M. into nothingness on the basis of divine Truth. This should be done thoroughly and frequently — not merely to belittle it but to annihilate it.

Next in importance comes the handling of its phases and forms.

Third, separating A.M. definitely from ourselves, — be sure that we are not A.M., that we are not the error. Next comes handling the possible channels through which it handles us:

- a. Material birth, education, environment. A.M. uses the claim of material birth persistently.
- b. Mental character, temperament, habits and tendencies.
- c. Indulgence in evil thinking, including sin.
- d. Specific weakness, symptoms and other arguments involving fear.

After making some progress, try to hold your ground. We must see that our individuality depends not on matter conditions but upon God alone. Thoroughly handling A.M. thus on the basis of reality and unreality, clarifies consciousness — brings us nearer to God, enables us to identify ourselves with Him, to be conscious of our real selfhood, and thus to demonstrate and establish harmony.

Do more direct work in erasing error. We use an eraser to erase wrong figures; similarly we need to erase metaphysically the specific error in a case. Sometimes it is necessary to give longer treatments. It would be gratifying if all our work was done instantaneously, but if this does not result, more work is needed to clear our own thought even if it takes hours.

### **VEIL OF MATTER**

In brief, then, it is the veil of matter that hides spiritual reality, and we need to rend this veil in order to behold, to become conscious of Truth. This involves the handling of matter, not only its denial, but its analysis into nothingness, which is Mrs. Eddy's way of handling it. Because of the persuasive glamour of matter, this work is not easy and must be done thoroughly and persistently. Look up the definition of *glamour*. (Root word is corrupt; magic, a spell or charm, as one which deceives the sight; enticing charm, to bewitch, fascinate, enchant, allure.) Matter is the substratum of mortal mind; it is the claim of substance. Indeed, it is the substance of A.M. and must be dealt with as such.

# A.M. THE VEIL

It is very helpful, as Mrs. Eddy says, that A.M. "is the human antipode of divine Science," (*Science and Health* 484:23-24) which virtually means that A.M. is the opposite of the teaching of Christian Science. By seeing this point clearly and by destroying the claims of A.M., we rend the veil of A.M., which is the veil of the flesh, and see that Christian Science is the true Saviour. It is Christian Science, therefore, that handles A.M. — destroys the belief in matter and mortal mind, that thus rends the veil, and enables one to get a clearer vision of spiritual Truth.

An outstanding form of A.M. in the way of a veil, is fear, which is one of the main phases of A.M. that causes the veil. Fear not only hides the lie, but is a varicolored screen or intermediary, presenting a very perverted, distorted, exaggerated concept of reality. It seems to present all

kinds of terrifying arguments. What shall we do? When we eat and drink, do we not endeavor to be intelligent — making sure that what we partake of is normal and wholesome before we partake? Why not make sure then, as we are qualified to do, whether arguments are true or not before we believe them? Christian Science teaches that fear is really a lie for it is always unsubstantial and about that which is unreal. It is a falsity about the infinity of good, the omnipotence of Love.

Since A.M. presents a counterfeit existence involving a matter presentation of existence which is essentially finite and mortal, "rending the veil" means, therefore, to handle A.M.

## CORPOREAL SENSE

What Mrs. Eddy says about the corporeal senses is very significant. "Mind is the master of the corporeal senses, and can conquer sickness, sin, and death. Exercise this God-given authority. Take possession of your body, and govern its feeling and action. Rise in the strength of Spirit to resist all that is unlike good. God has made man capable of this, and nothing can vitiate the ability and power divinely bestowed on man." (*Science and Health* 393:8) "The corporeal senses are the only source of evil or error. Christian Science shows them to be false, because matter has no sensation, and no organic construction can give it hearing and sight nor make it the medium of Mind." (*Science and Health* 489:24-28) Since it is evident that this claim of corporeal sense must be handled, the references to spiritual sense should be studied so that we can see how Truth is perceived. You never see Truth through corporeal sense, but only through spiritual sense.

# INFINITY SHOULD BE RECOGNIZED

Since everything that material sense cognizes is finite, it is a great help to study infinity, because infinity is the nature of reality.

# SPIRITUAL SUBSTANCE

Again, seeing the substance of Spirit, which Christian Science teaches, helps us to unsee the claim of the substance of matter, which "... is the primitive belief of mortal mind..." (*Science and Health* 292:13) "While we look not at the things which are seen, but at the things which are not seen: for the things which are seen are temporal; but the things which are not seen are eternal." (II Cor. 4:18) These are always helpful. Also look at "Judge not according to the appearance, but judge righteous judgment." (John 7:24)

# **SERPENT**

Study Mrs. Eddy's definition of *serpent*, which she defines as, "... the first lie of limitation..." (SH 594:4-5). In conversation, she once referred to the serpent as corporeal sense and also said that "Nerves are the talking serpent." Look up the term serpent in both concordances.

### HANDLING THE SERPENT

We need to see that this serpent is the veil that has to be handled or lifted, and this involves handling A.M. (*Science and Health* 535:12) and "The argument of the serpent in the allegory, 'Ye shall be as gods,' urges through every avenue the belief that Soul is in body, and that infinite Spirit, and Life, is in finite forms." (*Science and Health* 280:21-24) "From first to last the supposed coexistence of Mind and matter and the mingling of good and evil have resulted from the philosophy of the serpent." (*Science and Health* 269:3-5)

Jesus told his disciples that they must "take up serpents" and taught them "... how to handle serpents, unharmed..." (*Science and Health* 321:32) There is no recoil or rebound if practitioners are sufficiently clear on unreality. A Christian Science demonstration not only proves the truth, but establishes Truth. Therefore, a true demonstration is really the establishment of harmony. Mrs. Eddy teaches us the successful method of handling the serpent, mortal mind mesmerism, A.M., throughout her writings.

# LOVE HANDLES THE SERPENT

Mrs. Eddy has often referred to the fact that divine Love alone heals, hence we need to remain in the consciousness of that Love when we are endeavoring to destroy the serpent. We cannot handle error when we delve into its mire by believing it. We must remain with God in consciousness as closely as possible so as to have a clear perspective of this error and see it at its true value — a lie, "... a liar and the father of it..." as Jesus said. (John 8:44)

# **TRANSFORMATION**

The work of rending the veil as Christian Science teaches is, therefore, as St. Paul says substantially, a process of transforming consciousness by the renewing of the mind. This transforming process is aptly and clearly laid before us in *Science and Health* on page 115:12-10. This shows the change that takes place in the human consciousness — the change from a belief of mortal mind to the understanding of divine Mind. When studying this, it is helpful to note the marginal headings. Here you see how the veil is removed. Mrs. Eddy said, "Remember that your treatment is reversed before it is given." She referred to specific laws of mental malpractice. She also said we need to protect our treatments at the beginning and end by knowing that the effect of the treatments cannot be reversed; that they do bear fruit after their kind.

Owing to the arguments to the contrary, we need to know that we have been taught Christian Science, that we do understand it, and that this knowing cannot be taken away from us — cannot be darkened or confused. Seeing Mrs. Eddy and Christian Science rightly and Jesus' part in this, always clarifies thought.

The argument of reluctance needs to be recognized and handled specifically. It is the result of listening to the talking serpent. Material sense then needs to be handled specifically, which involves recognizing the reluctance as unreal and the belief in matter as an illusion. Mrs. Eddy writes, "Reason is the most active human faculty." (*Science and Health* 327:29) Since man possesses that faculty, it is possible for Truth to be presented and comprehended through analysis and argument. That is why Mrs. Eddy teaches argument and analysis.

Scientific argument invariably clears the thought and, for this reason, analyzing mortal mind, A.M., error, in such a way as to see the falsity of its claims, is so helpful.

The tenacity of inherited and educated beliefs must be broken down by very persistently analyzing, declaring, reiterating, knowing the spiritual facts, and holding firmly to Truth. This scientific process brings spiritual clarity of vision in the degree that the veil of matter is dispelled, and as a result we shall rise to spiritual heights where we shall reflect divine Truth.

See Revelation 2:17, 21:3-12. This refers to the "new name" which shows that malpractitioners do not know you. They work on a "straw man" only. "You will also learn that in Science there is no transfer of evil suggestions from one mortal to another, for there is but one Mind, and this ever-present omnipotent Mind is reflected by man and governs the entire universe." (*Science and Health* 496:1-5) "Christian Scientists, be a law unto yourselves that mental malpractice cannot harm you either when asleep or when awake." (*Science and Health* 442:30) "The transfer of thought of one erring mind to another, Science renders impossible." (*Science and Health* 211:21) Just as we are not afraid that someone's nose will be transferred to our face, so we need not be afraid of their thoughts being transferred.

There is greater reason today than ever before for Christian Scientists to be wide awake. Worldlinesss feels encouraged that it has darkened Christian Scientists and caused them to lose the keen, spiritual alertness that is essential to growth in Christian Science.

# **ANALYZE INFINITY**

Even a brief analysis of infinity will help us to see more clearly that God is right here and now. We must lose the sense that everything good is absent or is only somewhere else. Infinity means omnipresence, everywhereness — we cannot grasp infinity through a finite sense; we must clear our thought regarding finiteness in order that we may grow spiritually. This will help us to see the falsity of that which tends to obstruct and hinder the Truth and keeps us blinded to it.

# ANIMAL MAGNETISM

Mrs. Eddy did not coin the term "animal magnetism." It was revealed to her that this was a descriptive name for the natural opposite of real being. It is the reverse of Christian Science

from every angle. We must cultivate the habit of recognizing error as error. It is helpful to check up on the physical senses at times and see that they are just five liars. Then on the basis of Truth, we can say with Jesus, "Get thee behind me Satan." (Matt. 16:23)

Because of the peculiar make up of mortals, the complete change of attitude does not come at once. This requires steady work for we need to be transformed although we get glimpses and healing takes place occasionally. One of the three daily prayers in the Manual refers to the handling of "aggressive mental suggestion." This shows what we have to do in order to be governed only by the irresistible attraction of Spirit.

# RIGHT CONSCIOUSNESS

"... real consciousness is cognizant only of the things of God." (Science and Health 276:10) Holding this before us will help to purify our thought and prevent error from developing in it. We must and can clear out of our consciousness any and all prenatal mesmerism and educational contamination so as to see that we are born anew of Spirit, and are inspired by divine Truth, Life, and Love. We should work faithfully against the errors of mortal mind, education, association, and environment all of which are contrary to Christian Science. A Christian Scientist thinks only of what is good and true and right, the unreality of the past, of chronic and acute beliefs of causation and of involved conditions, and sees that they are all ciphers. We must do more than just make statements; we have to act accordingly. If we are clear about the false nature of the arguments of discord, they will fall away from us for lack of support.

Three times in her writings, Mrs. Eddy uses the phrase "never born and never dying". The understanding of this is a great help. If you believed that an accident happened, the healing will be quick if you actually see that it never happened. We cannot have any effect from an experience that never occurred. The more scientific our statements are, the more power they have. Error can use us only through some remnant of belief still held in thought.

#### **DANGERS**

One of the greatest dangers and evils of today is occultism — hidden ways of committing iniquity — and its allied beliefs of animal magnetism, mesmerism, hypnotism, spiritualism, theosophy, necromancy, esoteric magic, witchcraft, and diabolism of all sorts. All these are named in Mrs. Eddy's writings and must be seen as merely elements of mortal mind. If we have ever dabbled in any of them, there may be a remnant of belief left in our thought which the pressures of evil mind can reach and use us. Watch will power and see if you are trying to bring things about. "In a world of sin and sensuality hastening to a greater development of power, it is wise earnestly to consider whether it is the human mind or the divine Mind which is influencing one." (*Science and Health* 82:31-2) "Any hypnotic power you may exercise will diminish your

ability to become a Scientist, and *vice versa*. The act of healing the sick through divine Mind alone, of casting out error with Truth, shows your position as a Christian Scientist." (*Science and Health* 181:31-4)

One danger of theosophy is that it claims to be able to bring about events. We need to know that God, divine Mind, is the only causation. Watch carefully what it is that impels us to think, plan or do anything. Be sure to be inspired by divine Love. We cannot afford to be influenced by anything else. We need to free ourselves from the suggestions of mortal mind, rise above them and see the falsity of the malicious mind movements that are at work. It is necessary to recognize the evil that opposed Jesus, that opposed the development of Christianity, that influenced Constantine to debase and vitiate the origin of the church of spiritual Christianity, and to recognize the evil that opposed Mrs. Eddy from the beginning, that tried and is still trying to discredit her and to interfere with and hamper all her institutions, to lower their spiritual standard and prevent successful activity and the carrying out of her ideals. You will see that from Abraham's time the activity of evil paralleled the development of good, and this has continued to date. Evil is the reverse of good and therefore is really powerless and can do nothing; but we need to see what it claims to be able to do and then "unsee" it. Christian Scientists never suffer from disease — Mrs. Eddy says "There is no disease." Their troubles are always due to malpractice indulged in by themselves or others, and therefore, are the result of an accumulation of unhandled errors.

Mrs. Eddy expected students not only to demonstrate and establish Truth in themselves, but also to handle the general claims of animal magnetism and to analyze their own mental qualities and correct their personal errors. This means to do thorough metaphysical house cleaning.

### **PERSISTENCE**

It is important to bear in mind the very fixed nature of our concept of human existence — the seeming substance and power of matter, the habits and nature of material living, and the stubbornness of this concept when we try to change it. "What have we to do with thee?"

On account of the resistance to changing the quality of our mortal consciousness, and the stubbornness and persistence of its beliefs, we need to be very definite and persistent in our application of spiritual truth in order to bring about a change in this quality of thinking.

Mrs. Eddy frequently said that we should hold in statements of truth and deny error not for minutes only, but for hours. Last year I called your attention to the fact that it was expected that the prayer from the Manual and some prayer that Mrs. Eddy gave, should be repeated and held to for fifteen minutes. I know of instances where Mrs. Eddy expected workers to hold to certain thoughts of truth for hours.

You have to handle fear as long as you have to handle mortal mind. So long as you eat, sleep, etc., you have to handle fear. Man cannot fear, was never born in fear, does not exist in fear, and fear is no part of his consciousness.

#### RESISTANCE

It is not God who prevents us from dwelling in the consciousness of Truth; it is God's opposite, A.M.. The handling of A.M. and the declaring that we can think the truth and know it, is vital.

The persistence of the claims of matter, of mortal mind, the carnal mind, A.M., is that which darkens our sense and beclouds our vision; and this resistance to Truth must be broken down. While we all make an effort to get hold of and hold on to a life line when in evident danger, yet it is the regular daily work that we do for ourselves that is spiritualizing thought that enables us to know that there is a life line and gives us strength to hold on to it.

#### THE TERM ANIMAL MAGNETISM

The dictionary definition of *animal* is very enlightening. A.M. means mesmerism, hypnotism, hypnotic power to attract, power to gain the affections. "When our laws eventually take cognizance of mental crime and no longer apply legal rulings wholly to physical offences, these words of Judge Parmenter of Boston will become historic: 'I see no reason why metaphysics is not as important to medicine as to mechanics or mathematics." (Science and Health 105:16-21) "Whoever uses his developed mental powers like an escaped felon to commit fresh atrocities as opportunity occurs is never safe. God will arrest him. Divine justice will manacle him." (Science and Health 105:22-24) "Animal magnetism is the voluntary or involuntary action of error in all its forms; it is the human antipode of divine Science. Science must triumph over material sense, and Truth over error, thus putting an end to the hypotheses involved in all false theories and practices." (Science and Health 484:21) "The mild forms of animal magnetism are disappearing, and its aggressive features are coming to the front. The looms of crime, hidden in the dark recesses of mortal thought, are every hour weaving webs more complicated and subtle. So secret are the present methods of animal magnetism that they ensuare the age into indolence, and produce the very apathy on the subject which the criminal desires." (Science and Health 102:16-23) "Christian Science goes to the bottom of mental action, and reveals the theodicy which indicates the rightness of all divine action, as the emanation of divine Mind, and the consequent wrongness of the opposite so-called action, — evil, occultism, necromancy, mesmerism, animal magnetism, hypnotism." (Science and Health 104:13) Animal magnetism is also the belief of life, truth, intelligence and substance in matter; it includes all material existence, the Adam creation, the second record in Genesis. Animal magnetism is another name for mortal mind. By using the term animal magnetism, you are naming the error directly and it responds better.

Through the physical senses, we get a physical concept or impression, which is really not actual anymore than that there is a blue object when we look through blue glasses. Therefore, there is no matter, no mortal or material mind, no material existence; it is just a concept, just animal magnetism.

Review the forms of animal magnetism occasionally, especially false theology which claims the account for our beginning and ending and much that goes on between. Handle theosophy daily, for it claims to be able to bring about events and make real that which is not real. Handle astrology, including the horoscope, and know that God governs every event of our careers. Animal magnetism always works through hypnotism; therefore, all the effects are mesmerism or illusion.

Know also that there is no law of poison, either physical or mental. Poisoning is mental suggestion no matter what it may seem to be. The handling of animal magnetism is, therefore, fundamentally the analysis and overcoming of the claim of matter and evil mind — the Adam creation. This is done on the basis of Truth by knowing what is real. (*Science and Health* 454:4-24)

Just declaring in our work that animal magnetism is nothingness, that it is no part of us, is not enough. We must analyze it into its native constituents and see their nothingness, as referred to in the fagot method, and dwell in the thought of Truth and in unseeing of error, until we are clear.

Fear likewise is handled only by the fagot process, reducing it to nothingness analytically and thus becoming actually conscious of the allness of Truth and Love.

It is well also to handle the past very thoroughly including inherited and educated tendencies. Letting material things and events hinder our progress in Science is the trick of the devil to keep us chasing after matter. All our troubles are due to our being mesmerized, we must know and declare frequently that we are not mesmerized, not hypnotized, not magnetized, but governed solely by divine Mind and see that this is the only Mind, hence the only real consciousness. This closes the door through which error would come to us.

# **PROTECTION**

"And the Lord, he it is that doth go before thee; he will be with thee, he will not fail thee, neither forsake thee: fear not, neither be dismayed." (Deut 31:8) "The righteous also shall see, and fear, and shall laugh at him: Lo, this is the man that made not God his strength; but trusted in the abundance of his riches, and strengthened himself in his wickedness. But I am like a green olive

tree in the house of God: I trust in the mercy of God for ever and ever." (Ps 52:6-8) "And the Lord went before them by day in a pillar of a cloud, to lead them the way; and by night in a pillar of fire, to give them light; to go by day and night; He took not away the pillar of the cloud by day, nor the pillar of fire by night, from before the people." (Ex 13:21, 22) "The history of Christianity furnishes sublime proofs of the supporting influence and protecting power bestowed on man by his heavenly Father, omnipotent Mind, who gives man faith and understanding whereby to defend himself, not only from temptation, but from bodily suffering." (Science and Health 387:27) "The three great verities of Spirit, omnipotence, omnipresence, omniscience, — Spirit possessing all power, filling all space, constituting all Science, — contradict forever the belief that matter can be actual." (Science and Health 109: 32-3) Work until you see and are convinced that there is nothing to be protected from. Only while we believe there is an evil power are we in need of protection. Accidents are being argued specifically, and are the result of hypnotism. We must not expect accidents, but recognize that the error argues accidents. If we are on a right useful mission, we have a right to expect protection. There is but one harmonious government, one Mind, one law. True law is God's law; therefore, there is no other law. Our knowing the multiplication table protects us against mathematical mistakes. So, knowing divine Principle protects us from human mistakes.